



Are South African Consumers Moving Towards Healthy Eating?

07 September 2017

Marriott Crystal Towers, Cape Town, Western Cape, South Africa

08:00 – 08:30		Arrival and Registration	
08:30 – 09:15	Opening and Welcome About ILSI SA and ILSI Sub-Saharan Africa Activities	Sibongile Chiumya <i>Coca Cola Africa (Pty) Ltd; Chair of the Board of Trustees of ILSI SA</i>	Duduzile Mthuli <i>Unilever South Africa and member of the Board of Trustees of ILSI SA</i>
09:15 – 09:55	Rethinking the Challenges and Opportunities of the Global Food and Nutrition Nexus.	Dr John O'Brien <i>Senior Scientist, Nestle Research Centre Lausanne, Switzerland</i>	
09:55 – 10:30	Food Revolution – Are You Ready for What's on the Health and Wellness Menu?	Ailsa Wingfield <i>Marketing and Communications Director for South Africa, AC Nielsen</i>	
10:30 – 11:00		Tea / Coffee Break	
11:00 – 11:30	The South African National Health and Nutrition Examination Survey.	Dr Whadi-ah Parker <i>Human Sciences Research Council, South Africa</i>	
11:30 – 12:00	Consumer Understanding and Acceptance of Healthier Food Choices.	Prof Elizabeth Kempen <i>HEAD: College Office for Research and Graduate Studies College of Agriculture and Environmental Sciences, UNISA, South Africa</i>	
12:00 – 12:30	Assessment of the Dietary Intake of Schoolchildren in South Africa: 15 Years after the First National Study.	Prof Nelia Steyn <i>Senior Lecturer, Division of Human Nutrition, University of Cape Town, South Africa</i>	
12:30 – 13:00	Dietary changes over 20 years in black South African women: Examining the nutrition transition.	Dr Christine Taljaard <i>Post-doctoral fellow at the Centre of Excellence for Nutrition, North West University, South Africa</i>	
13:00 – 14:00		Lunch	
14:00 – 14:30	The Role of Food Science in the South African Food Supply.	Nigel Sunley <i>Sunley Consulting, South Africa</i>	
14:30 – 15:15	Panel Discussion	All speakers Facilitator: Duduzile Mthuli <i>Unilever South Africa</i>	
15:15		Closure and Tea	